NOVA [wsights



WHEN?

Altitude

- You are low
- You are not sure if you are high or low

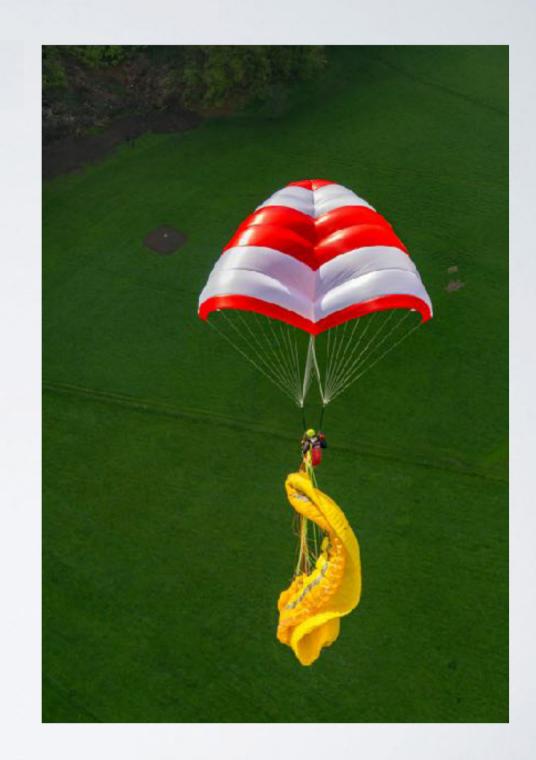
Feeling Lost

- Don't know what to do
- Don't know where you are
- Don't understand what's going on

Unsolvable Situations

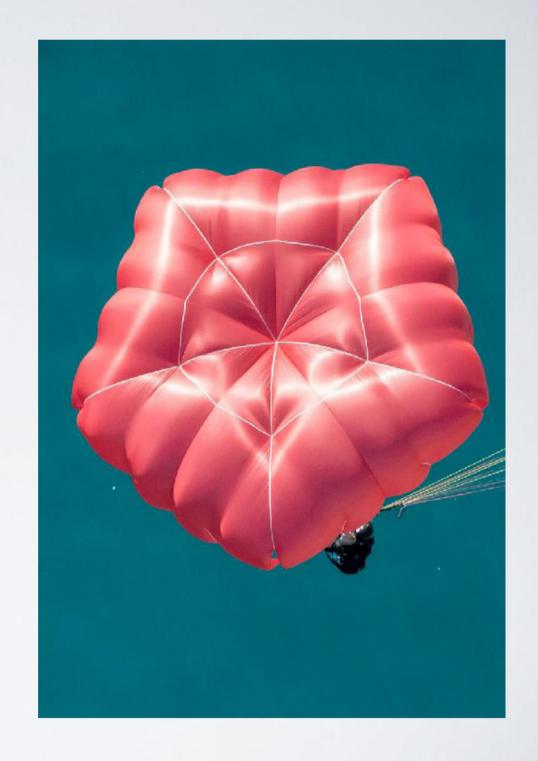
- Line Over
- Multiple Twist
- Huge cravats
- Broken wing





HOW? NORMAL RESERVES

- 1. Check altitude
- 2. Check your box
- 3. Take both brakes in one hand (why?)
- 4. Throw the rescue away from your glider
- 5. Be prepared to throw the second one (if you have one)
- 6. Check your rescue is well opened
- 7. Bring back your wing / Or release it / Or stall it
- 8. Stand up
- 9. Check your landing
- 10. Prepare for Landing always stand up!!
- 11. If you have the time make yourself comfortable (helmet problems, glasses, lines around, pack your wing





HOW? STEERABLE RESERVES

- 1. Check altitude
- 2. Check your box
- 3. Take both brakes in one hand (why?)
- 4. Throw the rescue away from your glider
- 5. Be prepared to throw the second one (if you have one)
- 6. Check the direction you are going to and put the rescue in the right direction (What's the right direction?) Check the rescue is well opened at the same time
- 7. bring back your wing or drop it, untwist yourself under the rescue and so on
- 8. Stand up
- 9. Check your landing
- 10. Prepare for Landing always stand up!!
- 11. If you have the time make yourself comfortable (helmet problems, glasses, lines around, pack your wing
- 12. Don't forget to brake for landing



