

NOVA
Insights

Using your
RESCUE

WHY AND HOW

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WHEN?

Altitude

- You are low
- You are not sure if you are high or low

Feeling Lost

- Don't know what to do
- Don't know where you are
- Don't understand what's going on

Unsolvable Situations

- Line Over
- Multiple Twist
- Huge cravats
- Broken wing



HOW?

NORMAL RESERVES

1. Check altitude
2. Check your box
3. Take both brakes in one hand (why?)
4. Throw the rescue away from your glider
5. Be prepared to throw the second one (if you have one)
6. Check your rescue is well opened
7. Bring back your wing / Or release it / Or stall it
8. Stand up
9. Check your landing
10. Prepare for Landing always stand up !!
11. If you have the time make yourself comfortable (helmet problems, glasses, lines around, pack your wing)



HOW?

STEERABLE RESERVES

1. Check altitude
2. Check your box
3. Take both brakes in one hand (why?)
4. Throw the rescue away from your glider
5. Be prepared to throw the second one (if you have one)
6. Check the direction you are going to and put the rescue in the right direction (What's the right direction ?) Check the rescue is well opened at the same time
7. bring back your wing or drop it, untwist yourself under the rescue and so on
8. Stand up
9. Check your landing
10. Prepare for Landing always stand up !!
11. If you have the time make yourself comfortable (helmet problems, glasses, lines around, pack your wing
12. Don't forget to brake for landing

